



The Greater Houston Afterschool Alliance and Out 2 Learn invite you to celebrate **2020 LIGHTS ON AFTERSCHOOL** (LOAS) on Thursday, October 22, 2020. Lights On is a nationwide event calling attention to the importance of out-of-school time programs for America’s children, families, and communities. In honor of LOAS, we have created a Spirit Week, with a daily theme, spelling out the word **LIGHT!** Spirit Week is full of activities leading up to the big day on October 22nd! We challenge you to make these activities your own. Post daily on social media and don’t forget to tag us **@Out2LearnHou** and **#lightsonhou** on all major social media platforms. For additional events and activities check out the [Afterschool Alliance](#), [Lights On](#), [The National Afterschool Association](#), and [Nickelodeon](#), who is a proud supporter of Lights On Afterschool.

LEARN SOMETHING NEW

Monday, October 19, 2020

- Start Light’s On with a BLACKOUT! Take time to contemplate and listen how the events of this year have impacted youth in your program.
- [Try Coding](#)—Visit www.code.org for ideas.
- Create [DIY paper lanterns](#) or [magic light bulb balloon experiment](#).
- Check out the [Houston Public Library on YouTube](#) and Follow their Craft Videos

INNOVATE

Tuesday, October 20, 2020

- Encourage youth to write a script and create a play your afterschool program!
- Explore engineering by making potato light bulbs or [glow in the dark salt circuit STEAM activity](#)
- [Print out light bulb template, color, create a unique display](#), then tag us @Out2Learnhou.

GROW

Wednesday, October 21, 2020

- SEL: Connect with other afterschool programs around the world to meet new people, talk about your programs and build relationships using [Empatico!](#)
- Walk your youth through charting their emotions as colors with the [Emotional Color Wheel](#) activity.
- Plan character building activities for your youth with [Icebreaker Ideas](#).

HEALTH & WELLNESS

Thursday, October 22, 2020

- Zoom Dance Party—have your youth login and play some of the coolest dance tracks.
- Virtual Fitness—lead students in a virtual mindful class, where they learn yoga and breathing techniques with [Cosmic Kids Yoga](#).
- Learn how to keep the planet healthy by checking out [Kid vs. Plastic with National Geographic Kids](#).

TOGETHERNESS

Friday, October 23, 2020

- #lightsonchallenge—Record and edit a video of you and your friends passing a lightbulb from one side of the screen to the other and post it. Don’t forget to tag us.
- Write letters to their local and state representatives to urge them to support afterschool programs in their communities by sharing their stories. [Click here for additional ideas for youth involvement and youth voice.](#)